



Kentucky
UNBROKEN SPIRIT™

Kentucky Department of Parks
Division of Recreation and Interpretation
500 Mero St., CPT 11th Fl.
Frankfort KY 40601

2ND ANNUAL KENTUCKY STATE PARKS RACE SERIES

A SERIES OF 5K RACES



2006 SCHEDULE

March 11 • April 1 • May 20
June 17 • July 15

2006 Kentucky State Parks Race Series

Runners are invited to compete in a unique series of 5k runs featured at five Kentucky State Parks. Take this opportunity to participate in challenging courses with various park terrains. We encourage runners to participate in the entire series of races.

Begin the series March 11th at General Butler State Resort Park in Carrollton. Continue the race series at the parks listed below.

General Butler State Resort Park
Dale Hollow Lake State Resort Park
Barren River Lake State Resort Park
Taylorsville Lake State Park
Rough River Dam State Resort Park

Bring your whole family for a weekend getaway and enjoy our beautiful state parks.

Awards & Prizes

Awards for each race include an overall male and female winner, and 1st and 2nd place winners of each age division, male and female. Registration fees for each race include T-shirts and awards.

Points are awarded for each of the races and combined for a cumulative score. Grand Prize winners will be named during an award ceremony at Rough River Dam State Resort Park in Falls of Rough.

The Grand Prize is awarded to the male and female accumulating the most points upon completion of the series. First runner up for both male and female categories will receive awards as well. Anyone who participates in the entire series of 5k races will receive a certificate of recognition and will be registered for a special giveaway.

The Point System

Points are awarded for each of the runs and combined for a cumulative score. Points are awarded for both male and female participants as follows.

5 points: Overall winner
4 points: 1st place (each age group)
3 points: 2nd place (each age group)
2 points: 3rd place (each age group)
1 point: Participants completing race

Age divisions recognized in the series:

Men & Women

15 & under
16-19
20-24
25-29
30-34
35-39
40-44
45-49
50-54
55-59
60-64
65 & over

In order to be eligible for series awards, runners must compete in all five races. Pre-registration for the series is not required, but is available. If you do not pre-register for the series but wish to compete in the series, please check the box "Competing in the Series" on each race registration form before each race.

Runners who have a birthday during the series that requires them to change age groups will be competing for awards in the age group they finish the series in.

Be sure to complete and mail the pre-registration forms for the Kentucky State Parks Race Series today!

March 11, 2006

Two Rivers 5k
General Butler State Resort Park
\$15 Pre-registration fee
Contact: Tanya Supplee 502-732-4384
tanya.supplee@ky.gov

April 1, 2006

Spring Classic 5k
Dale Hollow Lake State Resort Park
\$15 Pre-registration fee
Contact: Lisa Deavers 270-433-7431
lisa.deavers@ky.gov

May 20, 2006

Barren River 5k Classic
Barren River Lake State Resort Park
\$15 Pre-registration fee
Contact: Recreation Supervisor 270-646-2151

June 17, 2006

Possum Ridge 5k
Taylorsville Lake State Park
\$15 Pre-registration fee
Contact: Brian Pharis 502-477-8713
brian.pharis@ky.gov

July 15, 2006

Magnolia 5k
Rough River Dam State Resort Park
\$15 Pre-registration fee
Contact: Shawn Pickens 270-257-2311
shawn.pickens@ky.gov

**For information on the entire
Kentucky State Parks Race Series,
contact Chris Head at 502-564-4940 ext. 247
or chris.head@ky.gov.**

TWO RIVERS 5K

GENERAL BUTLER STATE RESORT PARK
MARCH 11, 2006

\$15

PREREGISTRATION FEE. PREREGISTER BY MARCH 10, 2006.

NAME

ADDRESS

CITY

STATE

ZIP

S M L XL
T-SHIRT SIZE

COMPETING IN RACE SERIES

PHONE

SEX

AGE (DAY OF RACE)

EMAIL ADDRESS

\$18

DAY OF RACE

RACE BEGINS AT 9:30AM EST

Mail completed form with payment to:
Tanya Supplee, General Butler State Resort Park, PO Box 325,
Carrollton, KY 41008-0325

Release of Responsibility: In consideration of my being accepted in the Two Rivers 5k race, I intend to be legally bound, do hereby for myself, my heirs, executors, administrators, and assignees, waive and release forever any and all rights and claims for damages I may receive against all persons and agencies, namely General Butler State Resort Park and all contributing sponsors and assigns for any and all injuries suffered by me while traveling to and from and while participating in the Two Rivers 5k race on Saturday, March 11th, 2006 at the park. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.

SIGNATURE _____ DATE _____

IF UNDER EIGHTEEN (18) YEARS OF AGE, PARENT/GUARDIAN

SIGNATURE _____ DATE _____

SPRING 5K CLASSIC

DALE HOLLOW LAKE STATE RESORT PARK
APRIL 1, 2006

\$15

PREREGISTRATION FEE. PREREGISTER BY MARCH 31, 2006.

NAME

ADDRESS

CITY

STATE

ZIP

S M L XL
T-SHIRT SIZE

COMPETING IN RACE SERIES

PHONE

SEX

AGE (DAY OF RACE)

EMAIL ADDRESS

\$18

DAY OF RACE

RACE BEGINS AT 9:00AM CST

Mail completed form with payment to:
Lisa Deavers, Dale Hollow Lake State Resort Park, 6371 State Park Road, Burkesville, KY 42717-9728

Release of Responsibility: In consideration of my being accepted in the Spring 5k Classic, I intend to be legally bound, do hereby for myself, my heirs, executors, administrators, and assignees, waive and release forever any and all rights and claims for damages I may receive against all persons and agencies, namely Dale Hollow Lake State Resort Park and all contributing sponsors and assigns for any and all injuries suffered by me while traveling to and from and while participating in the Spring 5k Classic on Saturday, April 1st, 2006 at the park. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.

SIGNATURE _____ DATE _____

IF UNDER EIGHTEEN (18) YEARS OF AGE, PARENT/GUARDIAN

SIGNATURE _____ DATE _____

BARREN RIVER 5K CLASSIC

BARREN RIVER LAKE STATE RESORT PARK
MAY 20, 2006

\$15

PREREGISTRATION FEE. PREREGISTER BY MAY 19, 2006.

NAME

ADDRESS

CITY

STATE

ZIP

S M L XL
T-SHIRT SIZE

COMPETING IN RACE SERIES

PHONE

SEX

AGE (DAY OF RACE)

EMAIL ADDRESS

\$18

DAY OF RACE

RACE BEGINS AT 8:30AM CST

Mail completed form with payment to:
Recreation, Barren River Lake State Resort Park, 1149 State Park Road, Lucas, KY 42156-9709

Release of Responsibility: In consideration of my being accepted in the Barren River 5k Classic, I intend to be legally bound, do hereby for myself, my heirs, executors, administrators, and assignees, waive and release forever any and all rights and claims for damages I may receive against all persons and agencies, namely Barren River Lake State Resort Park and all contributing sponsors and assigns for any and all injuries suffered by me while traveling to and from and while participating in the Barren River 5k Classic on Saturday, May 20th, 2006 at the park. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.

SIGNATURE _____ DATE _____

IF UNDER EIGHTEEN (18) YEARS OF AGE, PARENT/GUARDIAN

SIGNATURE _____ DATE _____

POSSUM RIDGE 5K

TAYLORSVILLE LAKE STATE PARK

JUNE 17, 2006

\$15

PREREGISTRATION FEE. PREREGISTER BY JUNE 16, 2006.

NAME

ADDRESS

CITY

STATE

ZIP

S M L XL
T-SHIRT SIZE

COMPETING IN RACE SERIES

PHONE

SEX

AGE (DAY OF RACE)

EMAIL ADDRESS

\$18

DAY OF RACE

RACE BEGINS AT 9:00AM EST

Mail completed form with payment to: Brian Pharis, Taylorsville Lake State Park,
PO Box 205, Taylorsville, KY 40071-0205

Release of Responsibility: In consideration of my being accepted in the Possum Ridge 5k race, I intend to be legally bound, do hereby for myself, my heirs, executors, administrators, and assignees, waive and release forever any and all rights and claims for damages I may receive against all persons and agencies, namely Taylorsville Lake State Park and all contributing sponsors and assigns for any and all injuries suffered by me while traveling to and from and while participating in the Possum Ridge 5k race on Saturday, June 17th, 2006 at the park. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.

SIGNATURE DATE

IF UNDER EIGHTEEN (18) YEARS OF AGE, PARENT/GUARDIAN

SIGNATURE DATE

MAGNOLIA 5K

ROUGH RIVER DAM STATE RESORT PARK

JULY 15, 2006

\$15

PREREGISTRATION FEE. PREREGISTER BY JULY 14, 2006.

NAME

ADDRESS

CITY

STATE

ZIP

S M L XL
T-SHIRT SIZE

COMPETING IN RACE SERIES

PHONE

SEX

AGE (DAY OF RACE)

EMAIL ADDRESS

\$18

DAY OF RACE

RACE BEGINS AT 9:00AM CST

Mail completed form with payment to:
Shawn Pickens, Rough River Dam State Resort Park, 450 Lodge Road, Falls of Rough, KY 40119-6100

Release of Responsibility: In consideration of my being accepted in the Magnolia 5k race, I intend to be legally bound, do hereby for myself, my heirs, executors, administrators, and assignees, waive and release forever any and all rights and claims for damages I may receive against all persons and agencies, namely Rough River Dam State Resort Park and all contributing sponsors and assigns for any and all injuries suffered by me while traveling to and from and while participating in the Magnolia 5k race on Saturday, July 15, 2006 at the park. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.

SIGNATURE DATE

IF UNDER EIGHTEEN (18) YEARS OF AGE, PARENT/GUARDIAN

SIGNATURE DATE

KENTUCKY STATE PARKS

RACE SERIES

ALL PARKS

\$65

PREREGISTRATION FEE. PREREGISTER BY MARCH 11, 2006.

NAME

ADDRESS

CITY

STATE

ZIP

S M L XL
T-SHIRT SIZE

PHONE

SEX

EMAIL ADDRESS

AGE
(DAY OF
TWO RIVERS 5K)

AGE
(DAY OF
SPRING 5K CLASSIC)

AGE
(DAY OF BARREN RIVER
5K CLASSIC)

AGE
(DAY OF
POSSUM RIDGE 5K)

AGE
(DAY OF MAGNOLIA 5K)

Mail completed form with payment to: Kentucky State Parks Race Series,
500 Mero Street, 11th Floor, Capital Plaza Tower, Frankfort, KY 40601-1974

Release of Responsibility: In consideration of my being accepted in the Kentucky State Parks Race Series, I intend to be legally bound, do hereby for myself, my heirs, executors, administrators, and assignees, waive and release forever any and all rights and claims for damages I may receive against all persons and agencies, namely Kentucky State Parks and all contributing sponsors and assigns for any and all injuries suffered by me while traveling to and from and while participating in the Kentucky State Parks Race Series on March 11th, April 1st, May 20th, June 11th and July 15th, 2006 at the parks. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.

SIGNATURE DATE

IF UNDER EIGHTEEN (18) YEARS OF AGE, PARENT/GUARDIAN

SIGNATURE DATE